**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Wednesday, May 28, 2014

3:30-5:00pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental Wellness/Substance Abuse Prevention

**Short term targets:**

1. Reports from each team (Physical Activity, Nutrition, Behavioral Health, Personal Health) including:
   * Long-term goal
   * Short-term action plan
   * Time line
   * Point person

2. Feedback and discussion on each report from all committee members

**AGENDA**

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| **3:30-3:35** | Welcome, review agenda, introductions (Heather) |
| **3:35-3:45**  **3:45-3:55** | Report from Physical Activity Team (Lisa B)   * 1. Long-term goal   2. Short-term action plan   3. Time line   4. Point person   Feedback and discussion on Physical Activity team report |
| **3:55-4:05**  **4:05-4:15** | Report from Nutrition Team (Lisa C)   * 1. Long-term goal   2. Short-term action plan   3. Time line   4. Point person   Feedback and discussion on Nutrition team report |
| **4:15-4:25**  **4:25-4:35** | Report from Behavioral Health Team (Carol E)   * 1. Long-term goal   2. Short-term action plan   3. Time line   4. Point person   Feedback and discussion on Behavioral Health team report |
| **4:35-4:45**  **4:45-4:55** | Report from Personal Health Team (Linda S)   * 1. Long-term goal   2. Short-term action plan   3. Time line   4. Point person   Feedback and discussion on Personal Health team report |
| **4:55-5:00** | Closing and next steps (Heather)  Exit Ticket:  ***Proposed 2014-2015 TEAM LEADERS meetings:***   * Wednesday, August 27, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, October 22, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, January 28, 2015, 3:30-5pm, Administration Building Room 14 * Wednesday, February 25, 2015, 3:30-5pm, Administration Building Room 14 * Wednesday, April 22, 2015 3:30-5pm, Administration Building Room 14   ***Proposed 2014-2015 QUARTERLY meetings:***   * Wednesday, September 24, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, December 3, 2014, 3:30-5pm, Administration Building Room 14 * Wednesday, March 4, 2015, 3:30-5pm, Administration Building Room 14 * Wednesday, May 27, 2015, 3:30-5pm, Administration Building Room 14 |